

Blue Ocean Apartment

Palm Beach

Queensland

holidays@blueoceanapartment.com.au

On the Food Front

Blue Ocean Apartment

Palm Beach on the Gold Coast

Eateries

Palm Beach has a fabulous range of places that will meet any foodie's requirements.

Allure on Currumbin

Classic French Menu with an Australian Touch

www.allureoncurrumbin.com.au

136 Duringan Street
Gold Coast QLD 4223
(07) 5525 6006

This is an award winning local French Restaurant located within walking distance of Blue Ocean Apartment. Allow 20 minutes to walk each way but it's worth the effort as your walk takes in the beautiful Palm Beach Parklands, the Currumbin River board walk and continues up and over the river to your destination.

'BARFOOT Café' is hip and funky with excellent coffee and a must visit for any coffee junky. Excellent range of pastries and savoury options as well, perfect for that quick bite and a cappuccino or just chill out for a while. Located at 12 Palm Beach Avenue.

DUNE Café' This is also a must visit, due to its location. Positioned just around the corner from the "Blue Ocean Apartment" in the Royal Palms building and next to Currumbin Alley makes it the perfect spot for that first coffee of the day. It overlooks Palm Beach Parklands and the Currumbin lagoon. The Coffee is good and the menu interesting.

Little St Kilda Café is a funky little coffee shop with a gallery next door. Go north on your early morning walk along the beach then head into 7th Avenue on your way back for an early morning caffeine fix and wind down.

Palm Beach Surf Club – located a short stroll along Palm Beach going north and overlooks the beach and ocean with Surfers Sky line views. It pays to become a member on your first visit (costs \$10) this entitles you to 2 free drinks and 10% off all future meals and drinks, pretty much a 100% return on your investment within 1 hour and you get to keep your membership for future savings, not a bad return on investment 😊. The food is excellent with good views.

Currumbin Surf Club - Arguably the best surf club on the coast, the food is excellent and the views immense. The restaurant hangs out over the water allowing uninterrupted views northwards to surfers providing memorable family lunches.

Currumbin RSL Club - Perched on the edge of Currumbin Creek this fully renovated RSL club is unbeatable value for money dining. It also offers a free minibus service that will pick you up and drop you off if you request it. Alternatively you may prefer to walk along the river and take in the natural bush and river board walk along Currumbin creek. This is RSL dining at its best.

Kohinoor Indian Restaurant

Has a good takeaway menu located at shop 8 Fifth Ave and is a short walk from The Royal Palm Building. ph 5598 1355 to order.

Fish & Chips

Head to Captain Hooks for your hot fish and chips at Tugan shops.

COLD ROCK Ice Creamery - cnr 7th Ave and Gold Coast HWY - One for the kids

Surf & Turf update

Kingswood Park Butchery - is the best place to source your pool side BBQ meat requirements. Located at 19 Palm Beach Ave this is a stand out local purveyor. On the Beef front this award winning butchery will deliver the quality gourmet meats to satisfy any chief's requirements. Call ahead and have your order ready for collection on route to Blue Ocean Apartment to maximise your pool time and minimise your shopping time. Phone - (07)55344054.

Seafood Options

Captain Hooks Located at Tugan shopping strip and is packed out usually in holiday season offers hot seafood and chips as well as fresh seafood for you BBQ meat requirements.

Grocery Shopping

Coles Palm Beach – walking distance from the apartment

This is a metro sized supermarket that caters well for the local tourist trade but you need to head to the Pines for the large format full line supermarket options for all those hard to find special ingredients.

Coles & Woolies - at The Pines Shopping Centre – This is the nearest main shopping complex providing all the usual retail services from banking to supermarkets etc and offers a one stop shopping opportunity on route to Blue Ocean Apartment. There is also a Woolworths supermarket as an alternative to Coles. You will need a vehicle for this option.

Food Works - Tugun - is an independent boutique grocery outlet if you are over Coles and want something different. Located on the corner of Golden Four Drive and Bielby Street Tugun. You will need a car for this one though and it is on route from the Gold Coast airport heading north to Blue Ocean Apartment.

Fruit & Veg

Next to Food Works at Tugun is a great little Fruit and Veg shop and just past this is a bakery. This is on the way north from the airport as you head towards Blue Ocean Apartment and is a good spot to stop off and get your food supplies in for the week. Tugun is a trendy little strip shopping area with a good range of outlets to cater for most of your food requirements.

On Line Options

New to the Gold Coast is **Holiday Groceries 2U** which you may find more suitable check out their website below for more details.

<http://www.holidaygroceries2u.com.au/>

All the things you left behind and more!

Car Hire Options

You may find '**Economy Rentals**' an affordable option and very useful. I normally hire a car for \$29 per day with 200 free kilometres when I go up and it's a short walk (2 mins and under cover mostly) from the Gold Coast terminal. The cars are not flash but are clean and reliable which works for me. Ph. 1800 803 874. If you need more space for the family I recommend you hire a station wagon at \$39 per day which gives you the boot space for all your luggage etc. www.economyrentalcars.com.au is the website but I find its best to call them direct and sort it all out over the phone - 07 5536 8104 is the direct number and if you want to hire a station wagon you need to book it in early as they are very popular and hard to get on short notice.

If you are tossing up weather to hire a car or just use public transport it is important to remember that public transport with a 4 or 5 person family can get expensive when you have to purchase bus fares each way for a destination. I have seen family's pay over \$70 to get to and from a destination, which can make car hire options look more cost effective if you want flexibility to move around the Gold Coast while here on holiday.

Lulu Swimwear

Left the Swimwear behind? Head to Lulu swimwear for affordable replacements at 489 Gold Coast HWY, Tugun. Check out the website at www.luluswimwear.com.au they cater well for all sizes and age groups or call on (07) 5534 4399. Not a bad spot to upgrade your beach look if the Billabong prices are tempering your enthusiasm.

Palm Beach Books

Good Books - Bought – Sold - Exchanged - 13 Palm Beach Ave - email at palmbeachbooks@bigpond.com

Public Transport to Theme Parks

The Buses leave at 8.25 and 9.00 am from directly in front of the Royal Palm Building. Catch the TX1 Bus service that will take you to all the popular theme parks.

So if you are on an early flight into the Gold Coast and a 3 pm check-in time, here's a suggestion. Check out the Currumbin Wildlife Sanctuary, then head down to the Currumbin Surf Club for lunch then head to Food Works at Tugun and pick up your supplies for the week, while in Tugun source your seafood needs from Captain Hooks and your fruit and Veg and bakery supplies then head to Kingswood Park Butchery at Palm Beach for your meat supplies and any additional groceries at Coles - Palm Peach then head to the Royal Palm Building to meet up with Tanya and Check into Blue Ocean Apartment.

Please let me know if you discover something you think should be on this list so our future guests can benefit from your findings.